



Wheat Ridge Piranhas 2019 Summer Season

Welcome new head coach, Sarah Corcoran!
Welcome back assistant coach, Emmylou Edwards!

Our home pool for practices and meets is: Anderson Pool, 4355 Field St, Wheat Ridge, CO 80033

Summer Practice Schedule:

Monday through Friday, from May 20-June 3
6:30 pm to 7:30 PM at Wheat Ridge Rec
Center
All swimmers

Monday through Friday, starting June 3
Anderson Pool
6:15 am - 7:45 am: Experienced Competitors
7:30 am – 8:30 am: Solid Swimmers
7:45 am – 8:30 am: Skill Builders

Summer Meet Schedule:

Meets start at 7 am (warm-ups between 6 and 7 am) and wrap up late morning or early afternoon (depending on the size of the team and pool).

June 1—Away at Mt. Vernon CC with Genesee
June 8—Home with Columbine Knolls
June 9—Special—Freestyle Frenzy at Green
Mountain
June 15—Away at Stingrays
June 22—Home with Genesee
June 23—Special C/D meet at Splash
June 23—Special Pentathlon @ AAC
June 29—Away at Stingrays with Golden

July 6--Bye Week, no meet
July 13—Home with Five Parks
July 14—Special Last Chance Meet at Five Parks
July 19—Special League 400's at Stingrays
July 20—Special League at Splash
July 21—Special League at Splash
July 26—Special State 400's at Stapleton
July 27—Special State 12 & under at Stapleton
July 28—Special State 13 & up at Stapleton

Swimmer participation in special meets will be figured out with coaches.

What it takes to be a Wheat Ridge Piranha:

- A swimsuit and goggles
- A willingness to listen, learn and try
- Helpful parents. This team is run on the efforts of volunteers. See job descriptions and sign ups on our web site
- A reliable alarm clock
- Plenty of towels
- \$200 per swimmer (less \$15 for each sibling) and completed online registration

Staying in the Know:

- Head coach: Sarah Corcoran sarah3corcoran@gmail.com; 303-809-2470 (text preferred)
- Registration: <https://tinyurl.com/BeaPiranha>
- Website: www.wheatridgepiranhas.org
- Swimsuit orders: <https://beta.agonswim.com/teams/117091>
- Text notifications of breaking news and changes: Text WRPiranhas to 84483
- Email: wheatridgepiranhas@gmail.com
- Facebook: <https://www.facebook.com/wrpiranhas>
- Twitter: @wrpiranhas

Communication channels:

- If you have a question/concern/idea about how the team works (practices, meets, volunteering), talk to a board member
- If you have a question/concern/idea about the coaches, talk to a board member
- If you have a question/concern/idea about how your child is doing in swimming (improvement, anxiety), set up time to talk with a coach. Setting up a time is important so they can focus their full attention on all swimmers during practice.
- If you have a question about payments (scholarships, whether you've paid), email njst.jh@gmail.com

Board members:

- Kris Baker (krisbaker11@me.com)
- Gary Ekborg (gary@frostmoon.com)
- Jennifer Gentry (jcgentry75@hotmail.com)
- Annie Harrison (annieharrison27@gmail.com)
- Kalina Herr (kalinaherr@gmail.com)
- Amy Storey (astorey126@gmail.com)

Volunteering:

We request that each family puts in a minimum of 18 volunteer hours per season and have lots of ways you can help.

TIMERS: This is the most needed volunteer of all. At every meet, we need to supply timers for each lane of the pool for the duration of the meet. We time in 2-hour shifts and are always looking for timers in the last shift. This is as easy as clicking a stop watch on and off and reading the time. And it offers a great front-row seat to the events in the meet.

OFFICIALS: Each team supplies officials for every meet. We would like to have at least four so we don't wear out the ones we have. Training is required. Talk to a board member if you are interested. Another great way have the best poolside spot.

HOME MEETS: We need additional help running our home meets as we want to be good hosts.

- **Set up:** Helping to get the pool deck ready for the meet. Involves putting up tents, moving chairs into position, hauling concessions, etc. Must be able to carry things. The more the merrier on this--many hands can get this done quickly.
- **Concessions:** Selling coffee, donuts, breakfast burritos and other items. Must be able to count money and deal with sleep-deprived adults and mumbling children.
- **Hospitality:** Keeping timers, officials and heating tent volunteers hydrated and cared for. Must be able to navigate through crowds while carrying beverages.
- **Runners:** Collecting time sheets from each lane and delivering them to the computer people who are compiling the results. Must be able to move fast without violating the "no running at the pool" rule.
- **Computer operators:** Entering results for events throughout the morning. Requires some training on how the program works. Must be able to keep a cool head while processing numbers. These intrepid souls are often the last to leave a home meet as they make sure all events are recorded.
- **Heating:** Getting swimmers organized for their events by heat and lane. Must be able to control children with one's voice and answer the same questions from the same children over and over. Must be able to gently guide parents out of the area and use a microphone/bullhorn to track down stray swimmers.
- **Clean up:** Helping to hide all evidence of the swim meet after it is over. Breaking down tents, re-packing the storage sheds, rearranging chairs, picking up the odd towel or set of goggles.
- **Ribbons:** After it's all over and everyone has gone home, someone needs to print out the stickers from the meet, affix them to the appropriate ribbons, work with the coaches to get the visiting teams' ribbons to them, and file our team's ribbons by swimmer. This job can be done at home or at poolside on Monday mornings.

We have other volunteer positions as well, which are listed on our web site.